

# Natasha Miller Letters

## Watercolor in a Bullet Journal



### 1. Bullet Journal/Paper Supplies

- Bullet Journals to paint directly in:
  - o Thick, 160GSM preferably
  - o Ex: Scribbles That Matter or Archer & Olive
- Watercolor paper that you can glue into your bullet journal
  - o Ex: Strathmore or Canson watercolor paper cut to size

### 2. Watercolor Supplies

- Watercolors come in tubes, pans, liquids, pens, and pencils
- I recommend using watercolor pencils first as they are easy to use and limit the amount of water you need to use.
- Watercolor brush pens can be an option (if you blend on plastic first, before painting into your bullet journal), but it won't be very opaque and seem very watery
- Pan palettes can also be easy to use

### 3. Techniques

- NUMBER ONE most important skill: painting FAST
  - o Speed is of the essence to prevent having to use too much water and warping your page
- Limit the amount of water you use by dabbing your brush on paper towel before and after picking up paint
  - o You can always ADD more water but it's difficult to remove water
- Paper towel is your best friend
  - o Dab your brush before picking up paint and after picking up paint
  - o Tear off bits to soak up any pooling water in your notebook
- Two containers of water:
  - o 1 to clean your paint brush in
  - o 1 to use to add water to your paint/image if using pencils



I hope these tips were helpful and you have fun with watercolors in your notebooks!